

RSU NO. 10 SUBSTANCE ABUSE POLICY FOR CO/EXTRA CURRICULAR
PARTICIPANTS

All students will be given and advised of the RSU No. 10 Student Participation/Parental Approval Form. The student and their parent/guardian will sign and return the form stating that they have read, understand, and agree to school unit rules and regulations. This policy will be attached.

- I. The RSU No. 10 Student Participation/Parental Approval Form **will remain in effect for the entire school year** if a student participates in **any** Co-curricular or Extra Curricular activities. This policy will outline acceptable and unacceptable conduct both during and outside of school as well as during school sponsored events.
- II. This policy will outline the expectations of RSU No. 10 in regards to use /possession of substances. No student shall use, possess, buy, sell or furnish alcohol, tobacco products, or any other substance defined by law as a scheduled drug, purported to be a drug or any substance not federally scheduled that is used as a mind altering drug. It is not a violation for a student to be in the possession of a legally defined drug specifically prescribed for the student's own use by any person legally authorized to prescribed medications.
- III. First Offense: (alcohol, tobacco products, or any other substance defined by law as a Scheduled drug or purported to be a drug)
 1. Student and parent(s)/guardian will be required to meet with the Building administrator and/or athletic director.
 2. Student and parents/guardians will be required to meet with the school counselor. The school counselor will provide an approved list of contacts for assessment services. Additional drug/alcohol information and support will be provided.
 3. After meeting with the school counselor the student will write a statement (one page minimum) using the provided RSU No. 10 Drug/Alcohol Reflection Guidelines regarding the changes in their behavior to prevent any reoccurrence of the abuse to the Assistant Principal/Athletic Director.
 4. (Extra Curricular athletics) the student will be suspended from participating in twenty five percent (25%) of regularly scheduled games and will attend practices and games but will not be in uniform for games. The student will be expected to continue to practice with their respective team during this time. The coach will be made aware of this situation.

* These items must be completed prior to the return of the student to any activity they may participate in.

5. Non-Athletic Co-curricular participants are required to fulfill the above steps, as outlined in First Offense. If a twenty five percent (25%) formula is not able to be attained, the student shall be required to complete ten (10) hours of school approved community service work (in addition to service learning requirements).

These items must be completed prior to the return of the student to any activity they may participate in.

6. If a student is participating in both Co-Curricular and Extra Curricular activities during the same time frame, and a violation occurs, the student will satisfy requirements of both 4. and 5.

IV. Subsequent Offenses: The student will be suspended from participating in any/all Co-Curricular or Extra Curricular activities for the remainder of the season/activity. The student will be required to have a formal substance abuse assessment by a school approved professional (at no expense to the RSU).

1. If the student will be returning to any RSU No. 10 school and wishes to participate in Co-Curricular or Extra Curricular activities the following season, they will be required to complete the 1,2,3 (listed of above) and in addition twenty five (25) hours of school approved community service.

V. For any student that is governed by this policy who is found to be at the scene of an underage event where violations of this policy are occurring, but found not to be using or possessing, the student will be counseled by the Building Administrator and issued a written warning. The student's parent(s)/Guardian will also be notified by the Building Administrator of this event.

If a co/extra participant self refers asking for help or is referred and there is no evidence of a violation of this policy, there will be no disciplinary action taken, however they will be required to follow JICH- Drug and Alcohol Use by Students policy

Cultural and family considerations are governed by logic and law.

It is the expectation of the Board that this policy and the consequences will be well publicized so that any student violating this policy does so by conscious decision.

Cross reference: JICH – Drug and Alcohol Use by Students
JICH-R – Drug and Alcohol Use by Students Procedure

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