



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408
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River Valley Rising Meeting

Tuesday, October 11th, 2016, 11:00-12:00
Mountain Valley High School – Room 305 (down the ramp)

Meeting Minutes from October 11th 2016

Attendance: Allie Burke, Lorinda “Miki” Payton, Anthony Rea, Barb Radmore, Bonnie Gould, Sue French, Matt Gilbert

Introductions: 3 new faces join us today. Miki, Anthony and Bonnie. Thank you for taking time out of your busy schedule to be a part of our coalition.

PRIZES!!! Bard Radmore gets a prize for recruiting new members to our coalition!!
Who’s next?? What do you have to do to get a prize??? Recruit a new member to the RVR coalition!!

THANK YOU to MVHS cooking class for the wonderful biscuits and muffins for our meeting!!! So delicious!

Pumpkin Fest: Underage Drinking Bugs Us were our table prizes this year at the 6th Annual River Valley Pumpkin Fest on Congress Street in Rumford. Our bugs were a hit!! More of them will be making their rounds at the October Fest next weekend! Stop by and grab one!

Stickers- Showed some samples of stickers that we got from Youth 2 Youth, a coalition from Dover, NH. Do we like these or do we want to look at other samples or make our own? Check out Y2Y website: www.OneVoiceNH.org

RVR is now officially in year 3 of its DFC grant. We will continue to focus on Underage Drinking and Marijuana Misuse but we will also be focusing on Prescription Drugs.

RVR had an article in the Rumford Falls Times and in the Sun Journal last week about Medical Marijuana Ordinances for the town to consider adopting. Here is a link if you haven’t seen it yet: <http://www.sunjournal.com/news/news/2016/09/24/lack-ordinances-could-mean-pot-shop-near-ice-cream-shop-come-november/1998172>

The Mahoosuc Prevention Coalition will be hosting a Town Hall Forum on Thursday, October 27th at 6pm at Telstar High School Auditorium. Does RVR want to host a Town Forum to address underage drinking or other substance abuse issues?

RVR has some rollover funding from year 1 & 2. We have to decide as a coalition how to use these funds for an activity or event in the community. The amount is roughly around \$18,000. Reason we have

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funding left over is due to staffing issues and some of that money is from the salary line, travel line, contracted services, and technology all which would have been used if we had an assistance working.

Ideas that are floating around on how to best use the funds are:

A series of speakers to come to the RSU#10 schools during the day to students and present in the evening to parents.

Activities- RVR could host a spring “block party” activity in collaboration with Oxford County Wellness Collaborative and other health organizations, faith based, law enforcements, etc.

Teen Challenge

Maine Inside Out Group

Freshmen Feast at the MVHS- help host an event to invite all freshman and parents to come to an event.

Transportation to help get parents to some of the events.

Media

Red Ribbon Week- will be happening at Mountain Valley Middle School.

October 22- Drug Take Back Day. We now have Medicine Drop Boxes in Rumford (police station), Mexico (police Station) and in Dixfield (Town Office).

MVHS Youth Coalition- would like to get one started at the high school.

Question that came up: How do we reach parents? How do we get our messages to them? What can we do to overcome this challenge? Bring your ideas to the next meeting on November 15th!!

Next Meeting: November 15 th @ MVHS, in Room 305 at 11:00am	
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What do we want year 4 to look like? Join us as we look at what we've accomplished and choose how we shape our future efforts

Vision: *A safe and healthy community*