



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

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River Valley Rising Meeting Agenda

Monday, November 11, 2015

11am Rumford Library

Attendance: Patty Duguay, Katie Sloma, Barb Radmore, Allie Burke, Brenna Parent, Linda Beaudion, Denise Cross

1. Community Survey Update and Review:
We have 163 Surveys. We will keep the survey open till the week before the end of the year Holidays. General feeling is that we still need to reach out to more of a general population. Surveys have been forwarded with a link to all RSU#10 Admins and admins in hope that they will help us put the link on their school websites and FB pages.
Overall there weren't many surprises. Heroin, MJ, Alcohol and Prescription Drugs were the 4 highest concerns that adults had for youth drug use. Once we close the survey we will analyze it and compare it to the MYIHS data. We also would like to conduct a youth survey. We are hoping to work with a small youth coalition to help us work on messaging around MJ and Alcohol.
2. Marijuana Messaging- Please see attached
3. River Valley Fact Sheet- This is still being worked on. We reviewed a couple of samples of how we can present this to the community. Also waiting for the 2015 MYIHS data to come out so we have the most current data to work with.
4. Community Update:
 - a. MYAN Conference: Barb and Allie attended the Maine Youth Action Network with 10 students from the MV Region. We had both middle and high school students with us. The conference was a 2 day event that empowers youth to be leaders, team players, and how to have a voice for the things that matter to them. Many of the middle schoolers were very excited to help work with RVR to do a PSA message around SA in their school/community.
 - b. Connecting Students and Families to External Support Agencies: This was held at Region 9 and was well attended with 20 health agencies in the River Valley Region and roughly 40 RSU#10 Admins, Social Workers, Guidance Counselors, and LE. It was about sharing our resources and making connections. There will be a resource guide that will be available for everyone to use and help families get the help they need.
5. CADCA: CADCA is the Community Anti-Drug Coalition of America. This is the training that RVR had to do 3 weeks in NY. We recently submitted all our homework assignments and we are

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proud to announce we have graduated from the academy. In February we will attend the Leadership Forum in Washington, DC for our “Gradation”.

6. Western Maine Addiction Task Force: RVR has attended two WMATF meetings now. While most of the focus is on treatment and recovery RVR hopes to be able to help with the prevention and education portion of this task force which is now being called, Project Save ME. We would like to acknowledge all the hard work that many people have already put into this project. Thank you.
7. Next meeting will most likely be postponed till January of the New Year. Thanks everyone for your input and commitment to RVR and the health and wellness of our community.

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