



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408
rvhccburke@gwi.net • www.rivervalleyrising.org

River Valley Rising Meeting

February 13th, 2018 8:00am-9:15am
49 Congress Street, 3rd floor, Rumford, ME

Agenda

Introduction:

I. **RVR Updates**

● **Marijuana Presentations January 17th @MVMS**

Presentation will start at 6pm and we will have some finger food. We are trying to get as much information out there today about what MJ looks like today. Info on all the new devices kids use for Vaping such as UB drives you can add oils in. S/A Libby may be there to help share some information on drugs and paraphernalia.

Someone asked if we can get Dan Garbarini to come and do a presentation to the coalition on drug paraphernalia and what they are seeing. **Update: Dan and S/A Libby will be coming to our next meeting on Feb. 13th to talk to us.**

● **Stall Talk- January**

As we shared in the meeting we are always looking for ideas to keep the Stall Talks engaging. Someone mentioned that we make sure when posting that the ideas are things all youth can do in this community and have access to.

Healthy Relationship idea for February.

● **Continuation Application for Year 5 & Year 5 Action Plan**

Goal 1: Community/collaboration.

Goal 2: Reduce substance use.

One objective is to increase the # of towns that have adopted ordinances to prohibit MJ from their towns. Right now we have 3 towns that have adopted marijuana ordinances and it would be great to have 2 more towns by 2019.

The perception of marijuana has changed a lot since 2016-2017

Access to alcohol has decreased in HS whereas access to marijuana has gone up.

Inhalants have gone up in the middle school.

What should we address in the upcoming year?

Youth aspiration group

We are doing a free ski at Black Mtn. Maybe more free youth days.

Ways to get reach the adults?

● **DFC Project Officer Visit- Date and Location**

Vision: *A safe and healthy community*



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408
rvhccburke@gwi.net • www.rivervalleyrising.org

Curtis Austin our DFC Project Officer is coming to visit in the Spring. **This visit is mandatory and we need to have all stakeholders attend this meeting to support this visit.** We have to coordinate with another DFC grantee to make this visit work. It would be ideal for Curtis

to visit us on Thursday May 31st visit, and he would visit the other coalition on June 1st. We would meet in the morning maybe at the hospital 8 or 9 am and then Curtis would meet with the youth group afternoon. Getting him to learn about our community. Will keep updated as time gets closer.

UPDATE: Curtis will be visiting us on May 31st. We have booked the conference room at Rumford Hospital for the morning. We will confirm time as we get closer to planning our agenda for the day. PLEASE SAVE THE DATE!!!

- **Opioid Grant- data/stories**

Matt Gilbert shared some of his insight on the opioid issues at the high school: When kids are on Opioids/Heroin they stop showing up to school, whereas with marijuana they are still coming to school. About 1% at the HS have this issue and they have had 75 plus home visits.

Miki: shared that she is hearing students talk a lot about drugs and alcohol but sometimes finds herself in a position of not sure of what to say to the students. She said that other staff are having a difficult time as well.

When presenting ideas of having youth present the information may get kids to listen better. Peer to peer!

Can RVR bring some training in to help staff on how to teach teachers on how to speak with students and address some of these concerns?

- **Seventh Wish (book)**

This is a book that recently came out a few years ago to address drugs and addiction within a family. But the story is told from a young girl's perspective. It addresses a lot of stuff like stigma, relationships between family & friends, and addiction. Can RVR help get copies for youth groups to read, maybe 10 copies?

II. Community Update(s)

- **Western Maine Addiction Task Force & Project Save ME Updates**
- **Law Enforcement**
- **Western Foothills Kids Association**
- **Oxford County Wellness Collaborative**

Vision: A safe and healthy community



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408

rvhccburke@gwi.net • www.rivervalleyrising.org

- **UNE & Healthy Communities Coalition Preventive Services:** The Prime for Life classes were cancelled. Healthy Communities Coalition will send new dates for the upcoming calendar year.
Kat and Sabrina will be taking several groups of students to the rescheduled MYAN conference in Bangor at the end of this month.
- **Oxford County Resiliency Project:** next meeting is January 23rd at Oxford Hills Middle School

WORK ACTIVITY

SWOT and work on our Year 5 Action Plan

Future Meeting Dates: Location to be determined

February 13th, 2018: 49 Congress Street, 3rd floor

March 13th, 2018

April 10, 2018

Thank you for continued support and commitment to RVR!