



Working to prevent and reduce youth substance use disorder by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408
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River Valley Rising Meeting

August 13th, 2019 8am-9am
RVHCC/RVR 49 Congress St., Rumford

I. RVR Updates

- **DFC 6-10 Continuation Grant update**

RVR was successful in submitting the DFC reapplication before the deadline. We won't know if we will get the grant until October. Budget is on par and we should be able to continue working with roll over money until we know if we get the funding.

- **Stall Talk- plan out the school year? Please see attached**

- **DFC Snapshot and CCT survey-**

Our DFC snapshot shows MYIHS trends and Data from 2013 to feb 2017. Alcohol has decreased over for high school students from 2013-2017. Tobacco has decreased in the middle school, but has increased in the high school. Marijuana went up in Middle school, but decreased in the high school. Prescription drug use in high school has gone up. Please see attached for more information

- **CCT survey- progress report to see how we are doing. This is for our progress report for the DFC. If you haven't please fill out the monkey survey. Link:**

- **Summer Youth Program – updates**

BMOM camp successful. They saw an average of 15-30 students per day. 32 middle school students attended. They were able to offer mtn. biking, hiking, field trips and other great activities.

WFKA summer program in the morning was also very successful. They saw an average of 30 students per day.

GRCC also had a summer program as well. They saw an average of 12-14 students per day.

Great to know lots of summer programming being offered this year.

- **RVR Action Plan updates-**

winding down of year 5. We will be busy with open houses, school functions and community events.

- **Community Events: Cultural of Compassion, School Open Houses, Pumpkin Fest,**

- **Town Hall Forum- Committee to help plan events**

Barbara Arsenault from BE SMART (lock up your gun) and asked how we can collaborate together to get the message out in the community. We brainstormed and decided we can host a Town Hall Forum and call it Children's Safety- Lock It Up. Lock Up everything (guns, drugs and alcohol). We are thinking of hosting panel format that would include

Vision: A safe and healthy community for all.



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PD, Health, Someone in Recovery, med-care, nurse, sports clubs involved. We will let everyone know the date and time.

II. Community Update(s)

- **Western Maine Addiction Task Force & Project Save ME Updates-**
- **RSU#10 Project Aware:** Kasey Flagg has been hired to implement the new Project Aware program at the schools. Her job is to make connections with mental health personal around the area and the schools.
- **Law Enforcement- no update**
- **Western Foothills Kids Association – no update**
- **Oxford County Wellness Collaborative**
- **WMARI-** Recovery Rally happening on Sept. 22 in Norway.
- **UNE & Healthy Communities Coalition Preventive Services -** HCC is now offering PREP (Parent Resilience Education Program) a free at your own pace, online program with optional in-person support groups. This program is designed to provide parents, guardians and/or caregivers with the skills and information to prep you to be a strong support and influence for your teen. To enroll in the program visit: <https://prep-parent-resilience-education-program.teachable.com/>
- **Larry Labonte Recovery Center-** Are now their own 501-c3.
- **MeHAF- OCMHS-**
Putting everything in a data-base to be accessible to everyone and to provide resources for the community. Looking into universal referrals so people can get the help they need when they need it.
- **ACES-** Identifying champions in the community. Will be making a tool kit for schools for resources that will need and making it easy.

Future Meeting Dates:

September 10th

October 15th

Thank you for continued support and commitment to RVR!

Vision: *A safe and healthy community for all.*