



*Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.*

94 River St., Rumford ME 04276 • (207) 364-7408  
[rvhccburke@gwi.net](mailto:rvhccburke@gwi.net) • [www.rivervalleyrising.org](http://www.rivervalleyrising.org)

## **River Valley Rising Meeting**

October 15<sup>th</sup>, 2019 8am-9am

49 Congress St., Rumford, ME

Introduction – Allie Burke, Melissa Harding, Kasey Flagg, Barbara Arsenault, Ben Tucker, Matt Gilbert, Peter Cox, Kat L. Sabrina P., Beth B., Roy Hodson

### **I. RVR Updates**

- **Children’s Safety- Lock It Up Nov 19, 5:30-7:30 @ MVMS**
  - Please share our event on your social media pages, Town Hall Forum and awareness event for substances and gun safety, there will be food and vendors set up.
- **Drug Take Back Day- October 26<sup>th</sup> @ Walmart**
  - Mexico Police Department is working closely with Walmart to host this event. This is a great collaboration! We hope to have a greater number of drop off meds than the year before!
- **Recovery Boys- December 11<sup>th</sup> at GEM theater in Bethel**
  - RVR is partnering with WMARI (Wester Maine Addition Recovery Initiative to host this event). This is being sponsored and paid for by North Point and part of the Governor Mills Opioid Task Force.
- **Senior Gathering- October 16<sup>th</sup>, 10-1pm**

**Guest Speaker: Mary Philbrick MSEd, BSN, RN, CCRN**  
Clinical Quality Review Coordinator @ CMMC  
Critical Care Nurse and Educator caring for critically ill patients for over 40 years.  
Mary will discuss how common infections can lead to Sepsis (blood poisoning) and how to take care of yourself or your loved ones.
- **Date for the next RVR meeting??** November 12 is no school so we will decide if we will continue to host a meeting. We will let everyone know.

### **II. Community Update(s)**

- **Western Maine Addiction Task Force & Project Save ME Updates-** Recovery Rally was a success. Saw a greater turnout than the year before. We are gearing up for the Substance Use Disorder Conference in December. It’s always the first Friday of December, which is December 6<sup>th</sup> this year.
- **Law Enforcement- no update**
- **Western Foothills Kids Association - no update**
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**Vision:** *A safe and healthy community*



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- **Oxford County Wellness Collaborative** – Fall gathering will be November 20<sup>th</sup> at CPS. Theme will be around transportation and what barriers do we face in rural Maine.
- **UNE & Healthy Communities Coalition Preventive Services** – awarded the SUPS grant for age 18-25. Looking to get input from coalition/community members.
- **OCMHS** – Wrapping up the MeHAF grant.

Future Meeting Dates: TBD

Thank you for continued support and commitment to RVR!

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