



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities in the Greater River Valley Region.

94 River St., Rumford ME 04276 • (207) 364-7408
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River Valley Rising Meeting

September 15th, 2020 8am-9am

Zoom Meeting

Attendance: Sgt Douglas Maifeld, Pam Doyen, Ben Tucker, Melissa Harding, Michelle L, Diane G., Ceclia N., Kathie Williams, Kat L., Barbara A., Leanne Condon, and Dan Jenkins

I. RVR Updates

Guest Speaker Ret. Sgt. Douglas Maifeld

Everything is a little different at school this year at the MVMS. He sees ½ the kids at a time because of the split classes. It's hard not being able to interact with the remote kids. At the MVHS the kids have lunch outside and he is able to interact with them. Kids seem to be happy to be back. Kids feel comfortable talking to him about harassment, relationships and stuff. SRO training should be done in October so he will be able to know more about his new role.

His job is not to get kids in trouble. It's about being there for kids to vent to with issues at home or school and trying to give the students options on how to handle different situations.

Doug wants to try and do the DARE program with the 5th grade in January or later. Will be challenging to try and get the whole class together to do the program.

DFC updates

- Report was due in August, it was from Feb-July. We weren't able to report much because of COVID. Report has been approved
- Updated MJ Position Statement – been updated and shared with the group. Retail MJ is now legal. The closest store to the RV is in Newry called, The Jar. Limited licensing being given out by the state. Maine Marijuana Toolkit- attached
- Stall Talk October- for parents/staff to let them know that they are doing a great job.
- HIDTA Prevention Conference October 8th – see attached flyer for more information
This is a free conference

II. Community Update(s)

- Sen. King- Last WMARI meeting they were being close to or surpassed the overdose record in September for the year. All the senators work well together and work hard.
- Tri-County- Partnering with the VA with the suicide project to see if TBI and suicide is linked.
- Larry LaBonte Recovery Center (LLRC) –
 - New hours M-Th 10-4pm & Fr-10-7pm.
 - LLRC is working with WMARI to put up 380 butterflies for the people that have lost their life through overdose.



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- Last month Doug M. had referred someone to the Recovery Center and they were able to help them. This is what they want to happen in the community, having everyone work together to help each other.
- RSU 10- Over the summer the district formed 4 big committees so they could have a plan with prek-12 for making sure the kids are ok, the first 4 weeks are focusing on that. How we can help- staff needs support and help- safety tips/ wellness videos. Headspace is an app that is free for educators. Kids are doing very well with keeping the mask on.
- Be SMART- Veterans have been focusing on suicide awareness. The state has a program and is starting to talk about it more.
- Safe Voices- Hours have changed, you can also access through the website. They have been very busy. Weekly check ins no in person check ins. Working to connected to schools and to try to create support networks, no in school maybe outside meetings with students.
- Golden- New 24 bed inpatient program for veterans that will be opening. 2022 for the opening of the facility
- HCC- They created a resource sheet on general data and resources on a way to get MIYHS data out.
They also created a flyer for the schools to show what they can offer the school if they need any help.

Future Meeting Dates:

October 13th, 2020

Thank you for continued support and commitment to RVR!