



*Working together to promote a drug-free community that inspires our River Valley youth
by modeling healthy lifestyles and supporting families, schools and communities.*

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River Valley Rising Meeting Minutes

Date: June 22, 2015

Location: Mexico Police Department

Time: 11am

Attendance: Denise Cross (Dept. of Corrections), Jerry Cohen (Rotary Club), Sandy Witas (RVHCC), Roy Hodsdon (Mexico PD), Jo Morissey (21 Reasons), Allie Burke (RVHCC), Kelsey Arsenault (RVHCC).

Recap of Last Meeting

Robin Gilbert presented about drugs they're seeing in the ER, also how easy it is to mix household products to make your own new drug. Denise warned us about if you see a Gatorade bottle with a tube coming out of it or white powder, stay away because it's Meth.

Albany Recap

While in Albany we (Allie & Kelsey) did a lot of work on our logic model and intervention mapping. We also learned more about vision and mission statements and how we (RVR) don't have a vision statement and our mission statement doesn't really capture what we do very well. Since the coalition has already put a lot of time into these, Allie and Kelsey are going to clean up the mission statement and send a few out for everyone to vote on.

Team Building

Jo led a team building activity, a simple quadrant personality test. Find out more here:

<https://think2by2.wordpress.com/>

Environmental Strategies

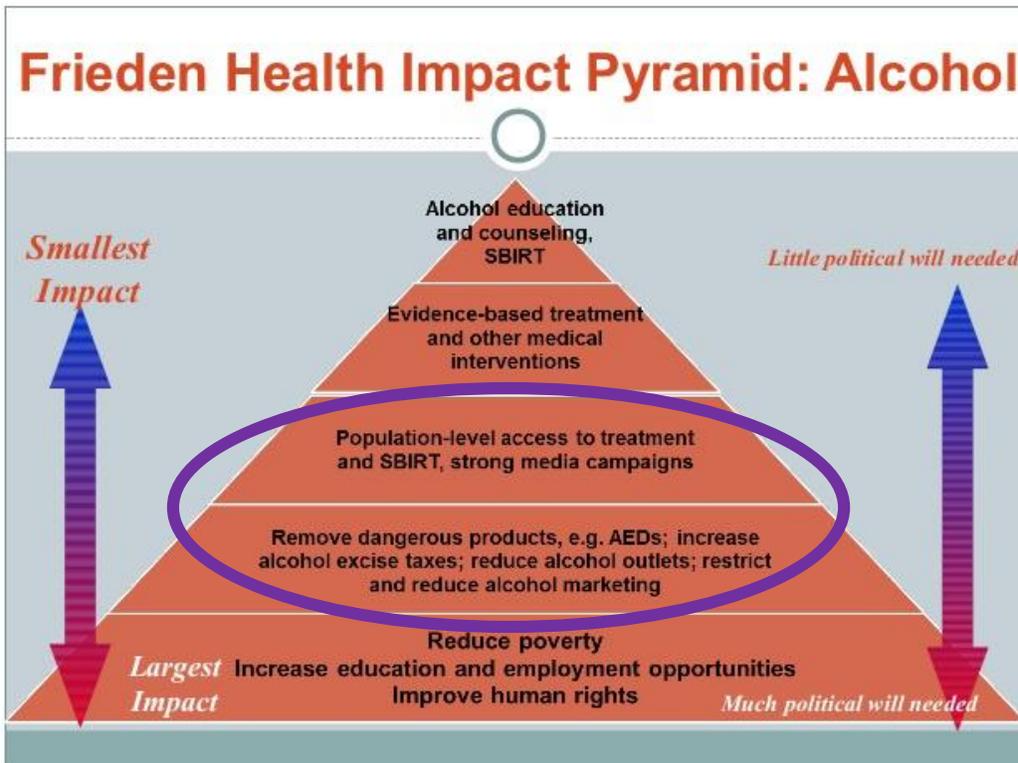
Jo also talked about environmental strategies and what the DFC grant can do. On the continuum of care diagram, the DFC lives in the Universal area which are those types of things that affect us in the way they affect our options. Like on the federal, community, and school level, population level access. On the Frieden pyramid below, the DFC works within the sections in the purple circle.

One thing that came up in this discussion was the sign on Main street in Mexico (in empty lot across the street from Big Daddy's) that says "Cannabis Oil Kills Cancer" and other things of the same nature. Chief Hodsdon is on the planning board and is going to try to get an ordinance in place so people have to register their signs if they want to do something like that.



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Community Social Hour

The community social hour is TODAY! From 4-6pm in Morency Park across the street from our office. Our plan if it's raining is to go next door to the Praise Assembly of God who've generously offered their space for us.

Slideshow

The slideshow was approved to be put out. Anyone who can help to get this out, please let me know! We're going to get it up on the RVR website, Channel 7, and also try to get it into Rumford Hospital and on the closed circuit TVs in RSU10.

Professional Training Opportunities

We need to brainstorm more for training opportunities in August or fall. We still have the opportunity to get Karen Williams but more conversations need to happen around that to get everything together.

Next Meeting

We know summer is a hard time to meet so we're going to let everyone decide when our next meeting should be, July or August? Please participate in the doodle going out for our next meeting date!