



Working together to reduce youth substance use and abuse by aligning existing resources, facilitating education, and supporting families, schools and communities.

94 River St., Rumford ME 04276 • (207) 364-7408
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River Valley Rising Meeting

April 10th, 2018 8:00am-9:15am

Mountain Valley High School, Room 305

Agenda

Introduction: Ben Tucker, Leanne Condon, Dr. Cohen, Brendan Schaffler, Heather Tozier, Pam Doyen, Barb Radmore, Peter Cox, Bill Woods, Stacy Carter, Kevin Saisi, Melissa Harding & Allie Burke

I. RVR Updates

- **Prescription Drug Take Back Day April 28th, Mexico Town Hall, 10-2pm**

Rumford Police will keep their doors unlocked that day for anyone wanting to drop off any medications.

- **Stall Talk- April/May**

May will be Youth Mental Health Month.

- **Prom- What are the dates?**

May 5th Dirigo, May 12th MVHS

- **DFC Project Officer Visit- May 31st & Rumford Hospital 10am-12pm**

- **CIA Forms & Coalition Procedures**

- **Lunch-Food**

- **Community Survey data update**

Last year we had 160 surveys completed, this year we had about 240!! Community members feel that the 3 main problems are #1 Alcohol #2 Heroin #3 Prescription Drugs

- **No Smoking, No Vaping Signs Update**

10 signs RSU 10 (metal and laminated). RSU#10 is reviewing their smoking policies and updating to include e-cigs, vaping and marijuana.

- **Focus groups & presentations Updates**

Just did a focus group at MVHS and we are hoping to plan one last final one at BJSHS this spring. Students were very vocal in stating that marijuana is everywhere in school. You can get it in the hallway no problem. They do not see it as an issue!

- **MJ Presentation March 28th Update**

Suggestions was to start using Facebook Live when doing presentations. And add a shorter video or powerpoint that parents can access.

II. Community Update(s)

- **Oxford County Wellness Collaborative Guest Speaker Brendan Schaffler**

Project Save Me: Reduces the Stigma about Drug addiction and recovery. They are having a training in June 2-3 and 9-10 in Rumford and another in Oxford at the end

Vision: A safe and healthy community



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of June. It is a free training for Recovery Coaches.

In September there is a Recovery Rally in Norway, there will be free transportation provided for people of the River Valley.

- **Western Maine Addiction Recovery Initiative & Project Save ME Updates-**
 - **Recovery Training on June 2,3,9,10**
- **Law Enforcement**
No update at this time.
- **Western Foothills Kids Association**
Youth Mental Health First Aid training May 29th 8am-4:30pm at MVHS room 305
Grandparent support group Wed 1-2pm at Chisholm Head Start Starts April 18th
E-Project graduation Wed night at MVHS 6-8
- **YAEK Group- Ads and #PhotoVoice Project**
- **UNE & Healthy Communities Coalition Preventive Services**
No update from the HCC
- **Oxford County Resiliency Project**
No update from OCRP

WORK ACTIVITY

Future Meeting Dates: Location to be determined
May 8th, 2018 will be at RVHCC, 49 Congress St. 3rd Fl
June 12, 2018

Thank you for continued support and commitment to RVR!